

Update: Breast Cancer Rehabilitation

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Breast cancer (BC) is the most common malignancy in women worldwide and a major cause of morbidity and mortality. The BC Rehabilitation Program at the Royal Melbourne Hospital trialed a service delivery model with opportunities for intervention throughout the disease-continuum phases. This presentation will outline studies aimed at: improving clinical management of rehabilitation issues in breast cancer population, provide new models of service delivery, outline factors impacting longer-term outcomes; and results of systematic reviews and clinical trials for efficacy of interdisciplinary rehabilitation. Further, psychosocial outcomes & supportive care needs in persons with BC and Australian data comparison for BC with the International ICF core set will be discussed.

Findings from this research program are relevant to interdisciplinary teams caring for BC survivors and to guide evidence- based practice.