

Ultrasound Guided Injections: Diagnostic/ Therapeutic: Upper Limbs

Musculoskeletal sonography is becoming an important part for evaluating and managing joint and soft tissue disorders. This course is designed to shorten the learning curve for health professionals interested in developing expertise in MSK ultrasound. The course will be focused on ultrasound guided injections of upper limb. Upon completion of this course, the participants will leave with a solid skill set to readily implement into their practice.

The course will familiarize clinicians with key techniques used to perform ultrasound guided injections. Through didactic, interactive, and hands-on portions, the participants will learn the basics of performing ultrasound guided injections and procedures of upper limb of joints (shoulder, elbow, wrist, carpometacarpal joint of thumb), tendons (lateral and medial humeral epicondylitis, De Quervain's tenosynovitis), percutaneous tenotomy, nerve injections (median, suprascapular nerve), hydro dissection and trigger finger injections. The participants will be able to identify targets for injections and guide needle placement.